

September Menus 2020 – Hot Dispatch

Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat & Potato Pasty or Cheese Pasty Served with Corn Cobette	Pasta Bolognese or Tomato & Herb Pasta Served with Seasonal Vegetables	Hot Roast Batch served with Potato Wedges and Vegetable Sticks or Filled Jacket Potato served with a Selection of Fillings and Salad	Chicken Korma Or Chickpea & Sweet Potato Curry served with Rice and Seasonal Vegetables	MSC Fish Portion or Egg & Cheese Muffin Served with Chips & Peas
Orange & Sultana Oatie Fruit Wedge	Chocolate Crunch Fruit Wedge	Melting Moment Biscuit Fruit Wedge	Choice of Fresh Fruit	Shortbread Biscuit Fruit Wedge

Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger in a Bun or Spicy Bean Burger in a Bun Served with Potato Wedges & Corn Cobette	Ham, Tomato & Cheese Pasta or Tomato & Cheese Pasta Served with Seasonal Vegetables	Hot Roast Batch served with Potato Wedges and Vegetable Sticks or Filled Jacket Potato served with a Selection of Fillings and Salad	Chinese Chicken Curry or Sweet & Sour Quorn served with Noodles	Fish Fingers or Cheese & Tomato Pinwheel Pizza Served with Chips and Peas
Chocolate Crispy Fruit Wedge	Cheese & Crackers	Golden Crunch Fruit Wedge	Choice of Fresh Fruit	Iced Sponge Cake Fruit Wedge